



Parent and carer newsletter

October 2024

A letter from the Head of College

Welcome to another year at Treloar's. A special welcome to all the new families joining the college— with more than 25 new students either joining from our school or from other settings. We're delighted you've chosen our college and we are looking forward to all we will achieve together.

We've had some fantastic work experience opportunities this half term and the BBC featured our student business Let Me In which has been very exciting.

You'll see how our students art work has been featured locally and their enterprise activity is growing every term.

We have lots of events coming up soon and we hope to welcome you to come and take part in our Christmas Fair towards the end of term.

Have a good break and we look forward to students returning on 4 November.

All the best,

Ben Bastin

Head of College



<u>Dates for your diary</u>	Autumn Term 2024
Monday 2 – Friday 6 September	Professional Development and Preparation Days for all staff (5 days)
Monday 9 September	Start of half term 1 Residential and Day students (including ALTON COLLEGE) Residential and Day students return directly to college at 9.00 am
Wednesday 9 October	ALTON COLLEGE inset day
Friday 25 October	End of half term 1 (including ALTON COLLEGE) College closes 4 pm Houses close at 3.30 pm
Monday 28 Oct – Friday 1 Nov	Half term holiday for staff and students (including ALTON COLLEGE)
Sunday 3 November	Weekend residential students return to Houses 2.00 pm onwards
Monday 4 November	Start of half term 2 (including ALTON COLLEGE) Day students and weekday Residential students return 9.00 am
Tuesday 12 November	ALTON COLLEGE inset day
Friday 20 December	End of half term 2 (including ALTON COLLEGE) College closes 2.00 pm Houses close 3.30 pm



Updates from Sally Nissen, Head of Nursing and Healthcare

Local NHS news – Call4Concern

Following the implementation of Martha's Rule, our local NHS Trust (Hampshire Hospitals NHS Foundation Trust) have brought in Call4Concern for inpatients:

"We understand that patients, their loved ones or carers, can often spot signs that may indicate a worsening condition before staff or monitoring systems (such as blood pressure machines). If you feel that your, or a loved one's, condition has worsened and the healthcare team is not responding as you would like, Call 4 Concern exists to provide an independent review. It is available 24 hours a day, 7 days a week.



The subtle signs that you're picking up may not be recognised by our teams who are likely focused on clinical factors, but we know these signals are important and you know them better than anyone.

Available 24/7, criteria for its use:

- Your questions have not been answered
- Your concerns have not been taken seriously
- You (or your loved one) are becoming more unwell
- Your (or your loved one's) treatment is not working

If your young person is an inpatient, phone the hospital switchboard on 01962 824008 and ask to speak to the 'Call 4 Concern team'. The Call 4 Concern team will assess how best to help and decide on the right course of action. This may involve visiting the ward to assess your young person's condition.

The Call 4 Concern team will ask you for:

- Your name/the name of the patient
- The ward name
- A brief description of your concern

[More detail can be found on the website.](#)

Continence products – for information

The provision of continence products is determined by the individual's GP Practice. If students choose to register permanently with Farnham Dene (GP practice providing onsite services) the current supplier will be notified and cease delivery. Treloar nurses complete a referral request for those who are residential and registered with Farnham Dene and the current provider, Southern Continence, will then prescribe products based on identified need. Products are delivered to Treloar's on specific dates; stock will then be sent home with the student for weekend and holiday periods.

Please contact Health Centre administrative team if you have any questions: medicalsecretary@treloar.org.uk or 01420 547451

Updates from Treloar's Parents Association (TPA)

Cake Sale

Staff and students enjoyed some sweet treats at our cake sale on Friday 18 October. We raised over £200 which will go towards Christmas gifts for the students. Thank you to everyone who baked and helped us on the day.



Monthly Coffee Mornings

Our monthly coffee mornings continue on the first Monday of every month in the Jowett Centre. It's always a really lovely opportunity to talk with other parents and carers and we always come away with an invaluable tit-bit of information that has been shared!



Second Hand Uniform

Last Christmas, we held a second hand uniform sale, which was well supported. We still have a number of items available, primarily green polo shirts in good condition. If you would like to receive the list of what's available then please email us at parents@treloar.org.uk. We will also bring the items to the Christmas Fair.

Upcoming Events

We have a number of festive-themed events planned for after half term including a tombola stall at the Christmas Fair, a Christmas lunch for parents and carers and an online raffle – look out for further information after the holidays.

Have a lovely half term all!

From the TPA x



‘Let Me In’ project featured on BBC!

During their visit in Ropley, Treloar College students, who run the ‘Let Me In’ project, were joined by a BBC South Today film crew. The crew followed them throughout the day and interviewed the students about the improving access to the railway and the mission behind ‘Let Me In’.

Making the Watercress Line accessible

In September, Treloar College students visited Ropley’s Watercress Line engine sheds. They were there to review the first stage of building an accessible railway carriage.

Our students are experts on this subject! Treloar’s employability and vocational student business ‘Let Me In’ offers accessibility audits to help local businesses to improve access and improve employment opportunities for disabled people.

We know that our students are very keen to contribute to their community and improve access for everyone. We were really pleased to be invited by the Watercress Line to help make it possible for more disabled people to enjoy this amazing heritage railway line.

Jamie who made the film, has shared it and you can catch up on our YouTube channel:
<https://youtu.be/iDoAaj4NRn0>



Work experience stories

Last term, Ben and Thomas, 2 hard-working Treloar College students, joined a pharmaceutical company Aspire for work experience sessions, attending once a week over the summer term.

Both students have a keen interest in IT, with a very good understanding of a range of software programmes. Their main task with Aspire was transferring data across from one system to another, maintaining accuracy throughout and saving the data correctly.

Thomas said: "Working with the Aspire team helped me develop my work skills and to figure out what type of work I would like to do in the future."

A big thank you to Aspire Pharma for giving Ben and Thomas this opportunity: it's been an invaluable experience for them and has helped develop their work skills and shape their future aspirations around careers and courses of study.



Our first 'Employers Day'

On Wednesday 18 September Treloar College hosted their first 'Employers Day' where this year's Supported Interns welcomed their employers to Treloar's.

Students delivered their own Disability Awareness Training to the visitors explaining and advising on suitable workplace adjustments.

A huge thank you to our Internship Providers for this year—we could not run this amazing programme without you!





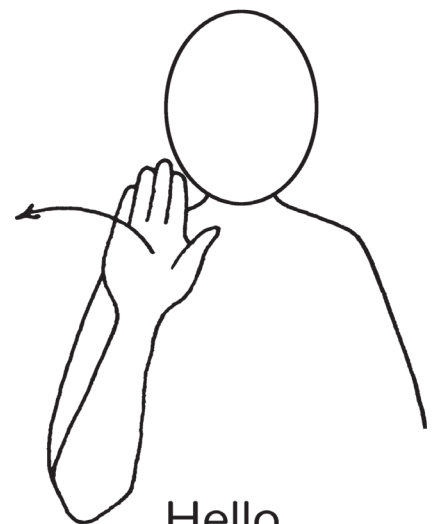
Makaton International Awareness Day

28 August was the Makaton International Awareness Day. At Treloar's, Makaton assists staff and students to communicate on a daily basis.

During our work-up week, the Makaton tutors run a range of Makaton training; including Makaton Level 1 and 2 courses and our 'taster' session. Makaton is really beneficial for a lot of our students. It is a language programme which uses symbols, signs and speech to help develop essential communication skills. Whilst some students may not physically sign back to staff, they still use Makaton as a comprehension tool to aid their understanding of what people are communicating to them.

At Treloar's, we use Makaton in a range of ways. This includes:

- Signs of the week which are shared in assembly and on a wall calendar
- Over 300 staff are trained to at least Level 1 Makaton to use on the house, in class, therapy and in many other departments and areas
- College have a Sing and Sign YouTube channel where they film songs using Makaton signing
- School and College have Sing and Sign clubs
- Makaton signing in the Christmas carol concert



New electric bus joins Treloar's transport fleet

Our fleet of vehicles undertakes around 3,500 journeys a year, yet this is still short of the demand for trips so we would often have to decline trips or hire in additional transport. One of our wonderful donors heard about our problem and generously suggested a matched fundraising campaign whereby his Foundation would match every gift pound for pound. This galvanised our community of supporters and we're delighted to let you know that we reached our target! The electric bus was delivered in September.

We're extremely grateful to all our donors from Livery companies, to individuals, community groups, trusts and foundations and District and Town Councils.

"It is vital that our students can access the same opportunities as their non-disabled peers and we really are grateful for your tremendous support with this fundraising appeal." Martin Ingram, Principal of Treloar School and College



The electric bus will generate zero emissions and will transport up to 7 students in their electric wheelchairs plus Student Support Assistants and teaching staff. It has all the specifications our students need.

Thank you to all our donors who supported this appeal so generously and for helping our students to access their education, including Alton Town Council, East Hampshire District Council, and Waverley Borough Council.



The transformative power of support

We are excited to share [our latest impact report](#), highlighting the remarkable transformations our students experience thanks to the support of donors.

We are especially proud to include the story of Amirah, a college student at Treloar's, who has kindly shared her experience:

"When I first started at Treloar's, I was extremely nervous and anxious as I had never been away from home before. As time went on, I became very happy here. Before starting at Treloar's, I was very low on confidence and had no friends at my previous school. But as soon as I came to Treloar's, I felt like I fit in. My confidence and independence have increased

significantly, and I have made many friends here.

I used to be very scared to ask for help, but at Treloar's, the staff always encourage me to seek assistance no matter what. Every student here has similar disabilities, so I don't have to be embarrassed or ashamed. I'm a residential student and am currently working on a BTEC in work skills and employability. It involves a lot of writing and printing, but it's very fun.

Each week I have hydrotherapy, which helps my muscles relax, and physio where I use my walker, the Innowalk standing machine, or do stretches. I use the Motomed electric bike and my standing frame in class or on the house which are very good exercise for me. I also have speech and language therapy, where I practice my breathing skills and speaking louder in busy environments.

Being at Treloar's has made a huge impact on my confidence and self-esteem. I feel much more independent and capable of doing many things on my own."

Amirah's journey is a testament to the positive impact Treloar's can have on our students. Stories like hers highlight the importance of the continued support from our community.

For all our generous donors, friends and supporters, thank you for making stories like Amirah's possible. Your contributions are making a real difference, helping our students achieve independence, confidence, and a sense of belonging.



Interactive Learning Zone takes shape

The work has been progressing on our amazing new Interactive Learning Zone in the heart of Treloar's where it will be centrally accessible for all our students. Ultimately, this will be a multipurpose and flexible space that will spark the imaginations of both our school and college students.

We are very pleased that the major building work is now complete. The next stage will be fitting out—students have had input into the design and contents of the zones, and can't wait for it to be completed.

The Interactive Learning Zone will be a fantastic and inspiring place for our students to visit, not just during lesson time, but breaktimes, evenings and weekends too. We will also be looking for ways to engage with the wider disabled community and provide them with opportunities to engage with technology in the future.

'The Interactive Learning Zone will offer hands-on experience with the latest technology, fostering creativity and enhancing the quality of education. It will enable interactive, personalised learning experiences, promoting collaboration and problem-solving, ensuring students are well-prepared for their futures.'
Jane Hayden, Head of Technology



All of the above has only been made possible thanks to the incredible support from charitable trusts, individuals and East Hampshire District Council. We're grateful to all our donors for their fantastic support helping us to develop such a wonderful facility for our students.

Find out more about this project by [visiting our website](#).





We are very grateful to all our donors whose continued and very valuable support is helping Treloar's students to engage with their education and build their independence skills. Last year, we received a generous donation towards Assistive Technology: the money has been used to purchase equipment and contribute towards the Assistive Technology service at Treloar's.

Assistive Technology at Treloar's

The Assistive Technology Team at Treloar's uses engineering, computing and 3D design to help students at Treloar School and College to engage in their education. The team has a wealth of expertise in physical disability, AAC equipment, mobility solutions and access to IT. They work closely with our therapy professionals in providing a truly comprehensive service, which enhances and supports education and independence.

Dean Hall, an Assistive Technologist at Treloar's is part of a team of 6. He specialises in high end design and computer access.

"We work with the student and the occupational therapists to find solutions that will give students access to technology, be that a PC, iPad or other device" he says. "Having a library of assessment kit makes an incredible difference because then we can try a range of items with students to identify the one that suits them best—it's never one size fits all."

To find out more about the donation and the equipment we were able to purchase thanks to it, [visit our website.](#)



Spotlight on Kim Smith, Sports Coach and Event Leader

How it all started

I started my journey at Treloar's in 2003. Prior to that, I was a childminder, additional needs foster carer and respite provider. I knew that I wanted to work with young people with disabilities so I applied to Treloar's. I was successful and was offered a job the very same day as an LSA (now known as SSAs). When I arrived for my first day, I was asked what lessons would suit me best. I replied PE and Sport. Since then, my job role has evolved to Sports Coach and Event Leader as over the years, I have gained lots of experience coaching various disability sports.

Kim and Boccia

My involvement with Boccia started immediately as I was timetabled to work on the Boccia Squad PPD session. I was to help out as a ramp assistant and was soon going to external competitions. My passion for Boccia grew and I later became an England coach.

Boccia successes

Many of our students over the years have gone on to represent England and GB. We have produced many Paralympians. David Smith OBE being the most famous.



Treloar's at Paralympics

This year, there were 4 former Treloar's students representing GB at the Paris Games which I'm sure will inspire the next generation of students.

Working at Treloar's

What do I love about my job? I love everything about it! Everyday is different and the students amaze me every single day with their hard work and determination. Sport is very important for each and every student here at Treloar's as it is in every other school. Sport provides our students with the sense of achievement, belonging and well-being. Being a member of the Swim Squad and Boccia Squad is a huge privilege and our students always work hard and always make me so very proud.



Treloar School wins NASS 'Breaking Barriers' Award second year in a row

We are delighted to announce that Treloar School has won the National Association of Independent Schools and non-maintained Special Schools 'Breaking Barriers' Award for their project: 'Increasing accessibility and inclusivity for students with a physical disability'.

Head of School, Lisa Bond received the award at an inspiring ceremony at the NASS conference in Leeds on 3 October.



The Breaking Barriers Award recognises an organisation that has carried out exceptional work to ensure positive and sustainable outcomes for children and young people with SEND.

In March 2024, Treloar School students took part in a national dance competition, Dance Live at GLive venue in Guildford, Surrey. Whilst for many mainstream schools participating in competitions like Dance Live is a fairly straightforward process,



for schools like Treloar's, there are substantial barriers to overcome. However, the innovation, grit, and perseverance of all involved lead to positive and sustainable outcomes not only for aspiring students but also for improving accessibility in the venue. This further promotes the arts and encourages future opportunities for wheelchair users to perform.

Watch Treloar's NASS Breaking Barriers Award Dance Live nomination film: <https://www.youtube.com/watch?v=oXpQLfcOldA>

A trip to 10 Downing Street

College student Dan was invited by Surrey Coalition for Disabled People to visit No 10 Downing Street to present a petition to raise awareness of their concerns around the implementation of floating bus stops.

Surrey Coalition said: "What are floating bus stops? It's a bus stop which has a carriageway or a cycle track running behind it so that people board or alight a bus from what is essentially either a large traffic island or perhaps something which looks like central reserve.

Dan said, "I went to No 10 to take a petition. I was excited. I went on the bus. I got to see the Houses of Parliament. I like politics. I want to help."

"Why are we campaigning against them? Blind, visually impaired, disabled, older and vulnerable bus passengers should be able to get on and off the bus independently directly from the pavement as they have always done.

"What we're asking the government to do: Halt all funding for any schemes using floating or shared use bus boarder in the UK and immediately act on the NFBUKs petition, now backed by over 250 supporting organisations which calls for:

- Direct access to and from the pavement to board and alight from the bus is protected for all bus passengers

- No more floating bus stop or Copenhagen style bus stop / cycle track at bus border to be constructed in the UK
- For all active travel schemes / street redesigns in planning process to be redesigned to ensure direct access from the pavement to the bus is protected
- References to using floating bus stops (bus stop bypasses) and Copenhagen style bus stops / cycle track at bus borders be removed from all guidance produced by the Department for Transport and by developed parliaments in Scotland, Wales and Northern Ireland
- For all temporary floating bus stops and Copenhagen style bus stops / cycle track at bus borders added during COVID to be immediately removed to ensure direct access to and from the pavement for all bus passengers is restored
- For all bus stops that have been changed to accommodate cycle lanes to be changed back to ensure direct access to and from the bus stop for all bus passengers. If you'd like to join our campaigning group, please contact the involvement team at Surrey Coalition for Disabled People."



October is AAC Awareness Month!

AAC stands for Augmentative and Alternative Communication. It is anything that adds to, or is an alternative to, verbal communication. For example; communication books, communication devices and Makaton signing.

Treloar's celebrated AAC Awareness month this week (21-25 October). The Speech Language (SLT) Team shared some interesting facts and information about AAC every day that week.

The SLT Team also ran a poster competition. Students were invited to create a poster with the title 'How we communicate...' or 'What is inclusive communication?'

All the posters were displayed in The Jowett Centre on Thursday 24 October. The winning poster, announced on Friday 25, was put in a golden frame.

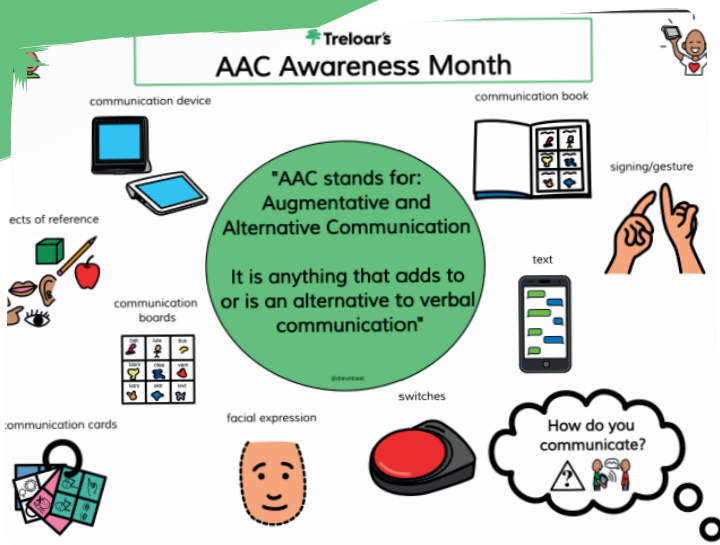


Teaching Assistant Day

In September, we celebrated our Student Support Assistants as part of National Teaching Assistant Day.

The qualities of our SSAs were compared to the symbolism of a Lotus flower—we identified a significant amount of similarities.

The School staff and students wanted to thank all SSAs for their hard work with some fun. SSAs were then challenged to compete in a range of Lotus flowered-themed activities. The students cheered the staff teams on, offering encouragement and support.





College raising money for Macmillan

Treloar College took part in Macmillan Biggest Coffee Morning on the 27 September. One of the college classes worked as a team to plan and run the event.

This was a great experience as they all got to know each other at the beginning of a new year whilst learning about the work Macmillan does.

Each student took a role and supported the sale on the day. We were overwhelmed with the donations of baked goods for the sale. We had a busy morning serving customers and developing our communication skills. We raised over £350 and will aim to beat this next year!



Ben attends the Dummer Fair

"On the 10 October I supported the Dummer Fair to represent my class and all the items we had made. Business was busy throughout the day with the handmade crackers providing the most popular item. I spoke to lots of people explaining what Treloar's is and what I do. Although I wasn't in class, I did lots of work on my targets!! I enjoyed using the card reader to take payments and we took over £400. I love going to this event."

Ben, college student



College Open Orchestra

"We are excited to be part of one of the many schools taking part in Open Orchestras with Open Up Music. Our College Open Orchestra has 11 Treloar College students taking part, all playing on Clarion technology.

We have started the term looking at timing skills and playing on different beats of the bar. We will be learning many new pieces as well as some Christmas music nearer the time. We have welcomed new members this term including students who have never played Clarion before and for whom it is their first experience of being in an orchestra. We are looking forward to seeing the progress of all the students and perhaps giving a concert in the coming months."

Jocelyn Watkins,
Head of Music at Treloar's





Skills Builder Career Insight sessions

On the morning of Friday, 18 October, students from across the Employability and Vocational cohort were joined by some students from the Sixth Form to take part in a Skills Builder Career Insights session.

The session was on Zoom and facilitated by a Skills Builder associate. Students had the opportunity to meet 5 employees from various companies like Lloyds Bank, KPMG (a professional services auditing company), RSSB (Railway safety Standards Board) and Kyndryl (IT company). The employees held various roles from graduates, HR professionals, mechanical engineers to Lead Automation manager.

Our students were well prepared and asked some fantastic questions. All students were engaged and demonstrated fantastic skills themselves such as communication, speaking and listening.

The students are now looking forward to the next Skills Builder insight session which is in November and is part of Corporate Career Insights Week hosted by The Weir Group.

Survey

F6ITcharity needs help with information for our F6IT Family Representative Advisory Group. They would like to gather information directly from families with children with disabilities/additional needs to help the charity prioritise, plan and improve their services, and most importantly, ensure that we listen to our community, so that we can truly meet family's needs.

F6IT (pronounced "FIT") is a family-centred charity based in South-West Surrey, providing fully inclusive therapeutic play, sports, and recreational activities for children and young people with disabilities/additional needs, aged 0-25, alongside their family and friends. In addition, F6IT is a support and education hub for parents/carers, and a strong advocate of disability/inclusion in all parts of the community.

You can help F6IT by completing their survey for parents and carers. The survey will only take 5-10 minutes to complete.

Please click on the link below to complete the survey:
<https://forms.gle/khTfcGyUfz4wNT-JY7>

Our partnership with Southampton Airport

2 Supported Interns, Cameron and Ben, joined the Southampton Airport team in October and will be working on passenger experience throughout the next academic year.

Gemma Forman, one of Airport Duty Managers at the airport, welcomed the students and took them through their induction process: during day 1 they met Managing Director Gavin and the Accessibility Team; the students had their safety inductions such as assembly point training and evacuation response as well as meeting staff and learning arrival processes.

Cam and Ben came back bursting with enthusiasm for their second day where they got to test access to the train station and airport car park along with meeting members of staff. Although their induction process has only just begun, both Cam and Ben have already found ways to improve areas of the airport for staff and passenger experience.

Southampton Airport is working towards 'Creating Accessible Communities' in partnership with Treloar School and College.



Save the date



Future Fest

Friday 14 February 2025

 Treloar's

The Transition Team are holding next year's Future Fest event on Friday, 14 February 2025.



Health Centre art commission

Back in February, Sally Nissen, Head of Nursing and Healthcare, commissioned the art students to create artworks which would be used to decorate the walls of Treloar's Health Centre.

Sally provided the students with a brief and later hosted a session during which all the students presented their works and pitched their projects to Sally, hoping for the artworks to be picked.

The chosen artworks now can be admired by staff and students in the Health Centre.



Open for nominations: Commitment to Excellence Awards

Did you know that you can nominate a member of staff, or a whole team, for a Commitment to Excellence (CTE) Award? These valued awards recognise staff for the hard work and contribution that they make towards Treloar's, our students and their families.

If you would like to nominate a member of staff, please email quality@treloar.org.uk with the name of the staff member, or team, and a brief description of why.

All staff nominated are personally thanked by the Principal and receive a certificate under one of Treloar's core values, described below. A panel of students and staff then vote for an overall winner to receive a prize voucher. Treloar's core values:

Inclusive: e.g. staff who model inclusive behaviours, may actively promote an inclusive culture, or work to remove barriers for our students and others.



Integrity and Respect: e.g. staff who listen to students' views, or support them to make age-appropriate choices; they may treat everyone with mutual respect, or support a culture of openness and honesty.

Striving for Excellence: e.g. staff who provide students and families with outstanding care and support, who actively challenge others to ensure quality improvement, or innovate to ensure students receive the cutting-edge, excellent support they deserve.



Events



Don't miss out on our Spooktacular Halloween Laser Light Show – will you get a trick or treat in our lucky dip? Or join in one of our pumpkin carving sessions?

We can't wait to see all of the little monsters, witches, ghouls and vampires all dressed to impress!

Book your tickets now!

<https://www.treloar.org.uk/events/spooktacular-halloween-laser-light-display>

Join us for another year of festive fun at our annual Christmas Fair!

All money raised at the Christmas Fair will go towards supporting our students, making it a joyful event with a meaningful cause.

Find out more on our website: <https://www.treloar.org.uk/events/treloars-christmas-fair>

If you have any queries in the meantime, please contact us at events@treloar.org.uk



At Treloar's, we believe fundraising should be as enjoyable as it is impactful. That's why we offer a diverse range of events that cater to everyone.

Explore our exciting events below and find the perfect way to get involved:

<https://www.treloar.org.uk/events>

Treloar's Christmas Shop



"Snow falling and robins sitting on trees comes to mind when I think of Christmas. I tried new techniques, including using photoshop and tracing. It has been a really fun project." Archie

"I have always loved nature and have a passion for birds. I like experimenting with colours and techniques. I enjoy being creative and designing art." Ben

New Student Designs for Christmas 2024

We are excited to launch our Christmas range for 2024, featuring cards, gift wrap, advent calendars and stocking fillers. Check out the brand new cards designed by Treloar students Archie and Ben available as traditional cards or digital e-cards. Follow the link to see the full range: www.charitycardshop.com/treloars



News from the Fundraising Team



Trelottery

It's time for our hugely popular Christmas Super Draw again when you have the chance to win £1,000 + a luxury Hamper.

This exciting Christmas Super Draw takes place on Friday 13 December 2024, and we will be offering an amazing 1st Prize of £1,000 + a luxury Hamper, 2nd Prize of £50 plus 10 runners up prizes of £5 – plus a chance to win in our Rollover Jackpot, which at the time of print stands at £3,400!

If you would like to learn more about TRELLOTTERY and sign up to become a member, please visit: <https://trelottery.org.uk/trelottery>

Write your Will for free!

We have teamed up with Farewill this year and we are offering parents and carers their Free Wills service in return for a donation to Treloar's until the end of December 2024.

After you've taken care of loved ones, a gift to Treloar's, no matter the size, will make a big difference and last long into the future. Your legacy, however big or small, will help make sure our life-changing services and facilities are there for children and young people for generations to come.

Head to <https://farewill.com/treloars-web> or call 020 8050 2686 quoting Treloar's Trust.

For any other questions please contact our Legacy and Individual Giving Fundraiser Lucy on 01420 547 447 or email lucy.wilson@treloar.org.uk

Leave a lasting legacy

Write your will for free, and support us by leaving a gift in your will



In partnership with



Farewill

Winter Appeal coming up!

On Giving Tuesday (3 December), we will be launching our Winter Appeal to gain more hoists across the school and college. More information to follow on [our website](#) and across our social media!