

Safeguarding at Treloar's



Safeguarding means keeping people safe.



Abuse

Abuse is when someone hurts you or does something with you that upsets or frightens you.

There are different kinds of abuse.

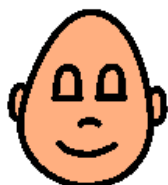


Abuse is always wrong.

What to do about abuse



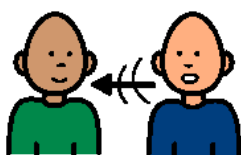
If someone is being abused then somebody should help them.



If someone is being abused, somebody should make sure they are safe.



If someone is being abused, the abuse should stop.



You must tell someone if you see something that does not feel ok to you.

You must tell someone if you are told something that does not feel ok to you.



At Treloar's you can tell a member of staff.



At Treloar's you can call the Safeguarding number.

At Treloar's you can ask a member of staff to call the Safeguarding number.

The Safeguarding number is **07825 262 418**

Abuse can happen in different ways



Physical abuse is when someone hurts your body.

For example

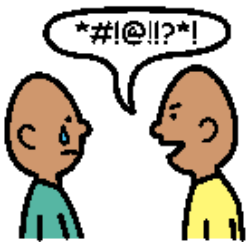
- Biting.
- Hitting.
- Kicking.
- Hair-pulling.
- Giving you a cold shower or bath.
- Burning you.



Neglect is when someone who is there to help you does not look after you properly.

For example

- Someone letting you feel hungry a lot.
- Someone giving you the wrong clothes to wear, like not giving you a coat when it is cold.
- Someone not giving you the medication that you need.
- Someone letting you, your clothes or your house be dirty.



Emotional abuse is when someone talks to you in unkind ways.

For example

- Someone swearing at you.
- Someone ignoring you.
- Someone threatening you.
- Someone teasing you.

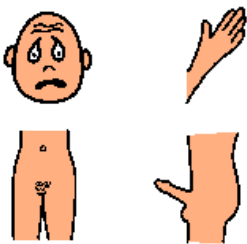
- Someone saying bad things to you.
- Someone shouting at you.



Financial abuse is when someone takes your money or things that belong to you.

For example

- Someone stealing money from your purse or wallet.
- Someone deciding how to spend your money without involving you.
- Someone making you pay for things for other people when you do not want to.

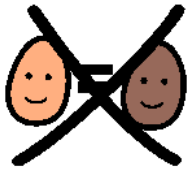


Sexual abuse is when someone touches your private parts or other parts of your body in a way that you do not like or want.

Sexual abuse is also when someone makes you do things to their body that you do not want to do, or that make you sad, angry or frightened.

For example

- Someone kissing you without asking.
- Someone touching your bottom, breasts or genitals without asking.
- Someone making you watch or look at sexual pictures or films.
- Someone having sex with you when you do not want them to.
- Someone who does not stop touching you or having sex with you when you say “no” or “stop”.



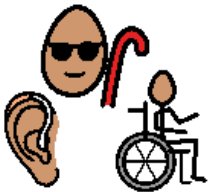
Discrimination this is when someone treats you badly because of



Your **race**. This is to do with where people come from and might include the colour of their skin.



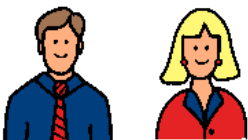
Your **religion**. This is a person who believes in a god or gods and does activities to do with this.



Your **disability**. This is a condition to do with somebody's body or mind that can limit what they can do in some way.



Your **sexual orientation**. This is to do with the gender of the person you are attracted to.



Your **sex**. This means whether you are a man or a woman.



Your **age**. This means how young or old a person is.



Pregnancy and Maternity

Pregnancy this is a woman who is growing a baby inside her.

Maternity this means before and after a woman has had her baby.



Marriage and Civil Partnerships this is two people in a relationship who have had a ceremony to make their relationship official.



Gender reassignment this is a person who decides to change the gender they were born with. For example, someone was born a woman but feels that he is really a man and decides to live as a man.



Abuse can happen in lots of different places.

Abuse could happen

- At Treloar's
- At your home
- In hospital
- On transport
- At someone else's home
- In the community, for example on the street or in a shop



People who abuse

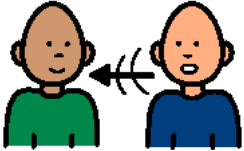
A person can be abused by someone they know or someone they do not know.

For example

- Family members
- Friends
- A Partner
- Carers
- Nurses, doctors or other professionals
- Volunteers – people who work without being paid
- Strangers – people you do not know



People who can help



If someone is abusing you, you must tell someone you trust.

If you think someone else is being abused, you must tell someone you trust.

Someone you trust could be a

- Family member
- Carer
- Social worker
- Friend
- Police officer
- Doctor or nurse



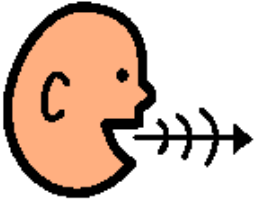
At Treloar's you can tell any member of staff.
They will let Ben Baxter know you are worried.
Ben Baxter is the Head of Safeguarding at Treloar's.



You can also call the Safeguarding number.
You can ask someone else to call the Safeguarding
number.

The Safeguarding number is **07825 262 418**

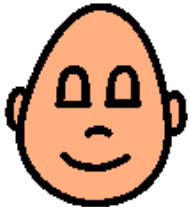
When you tell somebody about abuse, we will



Speak to you.



Try to help the person being abused.



Keep the person being abused safe.



Some abuse, like hitting someone, is a crime so we may need to tell the police.